

2024 Medication Therapy Management (MTM) Program

What Should I Expect?

After receiving and accepting an invitation by mail from KelseyCare Advantage to participate in the MTM program:

- A KelseyCare Advantage representative will call you to set up a one-on-one review with a health plan pharmacist who is knowledgeable about your Part D benefits.
- All medication reviews are typically 30 minutes and are completed over the phone in the privacy of your own home.
- The pharmacist will coordinate and collaborate with your physician on your medication plan.
- After the medication review, you'll receive a written summary of the discussion, including a medication action plan with recommendations.
- You'll also get a personal medication record that will include all the medications you're taking and why you take them, which you can share with your healthcare providers.
- The medication reviews will continue each quarter to make sure you're still getting the most benefit from your medications.

How Will I Qualify?

To qualify for this program, you are required to meet one of the following CMS directed MTM Criteria:

1. Have any three of the following chronic diseases:

- Alzheimer's disease
- Chronic heart failure (CHF)
- Diabetes
- Hepatitis C
- HIV/AIDS
- Multiple sclerosis
- Respiratory diseases such as asthma, chronic lung disorders, or chronic obstructive pulmonary disease (COPD).
- Atrial Fibrillation
- Rheumatoid arthritis.

2. Take eight or more Part D (prescription) medications.

3. Spend an expected total of more than \$5,330 in 2024 per year for Part D medications (the expected total is the amount paid by the plan for Part D medications, added to the amount the member pays).

If you have questions, contact the Concierge team at 713-442-4878 (TTY: 711). Hours are 8 a.m. to 8 p.m., seven days a week, from October 1 through March 31. From April 1 through September 30, hours are 8 a.m. to 8 p.m., Monday through Friday. Messaging services are used on weekends, after hours, and on federal holidays.