

# 2025 Medication Therapy Management (MTM) Program

## What Should I Expect?

After receiving and accepting an invitation by mail, text, or MyKelseyOnline (MKO) from KelseyCare Advantage to participate in the MTM program:

- A KelseyCare Advantage representative will call you to set up a one-on-one review with a health plan pharmacist who is knowledgeable about your Part D benefits.
- All medication reviews are typically 30 minutes or less and are completed over the phone in the privacy of your own home.
- The pharmacist will coordinate and collaborate with your physician on your medication plan.
- After the medication review, you'll receive a written summary of the discussion, including a medication action plan with recommendations.
- You'll also get a personal medication record that will include all the medications you're taking and why you take them, which you can share with your healthcare providers.
- You will get information on safe disposal of prescription drugs that are controlled substances, drug take back programs, in-home disposal and cost-effective means to safely dispose medications.
- The medication reviews will continue each quarter to make sure you're still getting the most benefit from your medications.

## How Will I Qualify?

To qualify for this program, you are required to meet one of the following CMS directed MTM Criteria:

1. Have any three of the following chronic diseases:

- Alzheimer's disease
- Chronic heart failure (CHF)
- Diabetes
- HIV/AIDS
- Respiratory diseases such as asthma, chronic lung disorders, or chronic obstructive pulmonary disease (COPD).
- Bone-disease arthritis (including osteoporosis, osteoarthritis, and rheumatoid arthritis).
- Hypertension
- Dyslipidemia
- Mental Health (including depression, schizophrenia, bipolar disorder, and other chronic/disabling mental health conditions)
- End Stage Renal Disease (ESRD)

2. Take eight or more Part D (prescription) medications.

3. Spend an expected total of more than \$1,623 in 2025 per year for Part D medications (the expected total is the amount paid by the plan for Part D medications, added to the amount the member pays).

4. Patients who are identified as at-risk beneficiaries (ARBs) will automatically qualify for the MTM program.

If you have questions, contact the Concierge team at 713-442-4878 (TTY: 711). Hours are 8 a.m. to 8 p.m., seven days a week, from October 1 through March 31. From April 1 through September 30, hours are 8 a.m. to 8 p.m., Monday through Friday. Messaging services are used on weekends, after hours, and on federal holidays.

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