



Your KelseyCare Advantage plan gives you access to high-quality, specialized care. This month, we are highlighting the expert services available to you as a member. From cancer centers to heart health, you have a 'one-stop shop' for almost any health need.

## Specialized Clinics for Your Health Goals

Your plan offers more than primary care—you have access to a wide range of specialty services in one connected system. Some of the most helpful services are easy to overlook, including:

- Heart & Chronic Care: Clinics for heart failure (CHF), high cholesterol, and high blood pressure
- Coumadin Clinic: Ongoing monitoring for blood thinners like warfarin
- Cancer Care: Coordinated screenings and treatment through dedicated cancer centers
- Diabetes & Endocrine Care: Support for diabetes, thyroid, and related conditions
- Travel Medicine: Vaccines and guidance for international travel
- Ambulatory Surgery Centers: Convenient outpatient procedures, often with shorter wait times
- Everything works together through your care team, making it easier to get the care you need—when you need it.

*See a full list of specialties and services available to you.*

[Explore Clinic Capabilities](#)

## Stay on Track with Preventive Screenings

Preventive screenings find health problems early—often before you feel sick—when they are easier to treat.

- Important Tests: Tests for colon, breast, and cervical cancer, as well as bone health, are vital as you age.
- Beat the Rush: Taking care of these screenings now helps you avoid the busy end-of-year rush.
- Easy Scheduling: Log in to MyKelseyOnline (MKO) to check when you are due for a screening or to book an appointment.

[Log in to MyKelseyOnline](#)

## Condition-Specific Guides

Managing your health just got easier. KelseyCare Advantage offers free, easy-to-use guides to help you understand and manage conditions like high blood pressure, high cholesterol, and diabetes.

- Practical Support: These resources are designed to support your day-to-day care.
- Direct Access: Use the link below to find these guides on our Managing Your Care page. New topics are added regularly—stay up to date by visiting often.

[View Health Guide](#)

## Everything You Need in One Place

Visit the New Member Hub anytime to find links to important plan documents, helpful forms and flyers, and more. You can also find copies of all the emails in this series there, so you never have to worry about missing an update.

[Visit the New Member Hub](#)



**We are here to help! If you have questions, please call Member Services at 713-442-CARE (2273) (TTY: 711).**

**KelseyCare  
Advantage**  
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### Hours of Operation

From October 1 through March 31, hours are 8 a.m. to 8 p.m., seven days a week. From April 1 through September 30, hours are 8 a.m. to 8 p.m., Monday through Friday. Messaging services are used on weekends, after hours, and on federal holidays.

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