Blue Essentials℠
with Kelsey-Seybold Doctors



Your Benefits

- You'll choose a Kelsey-Seybold primary care physician (PCP), which gives you access to **all** Kelsey-Seybold primary care doctors and specialists. **No referrals are required** from your Kelsey-Seybold PCP to see a Kelsey-Seybold specialist with expertise in one of 65+ medical specialties, including Cardiology, Endocrinology, Orthopedics, Pulmonary Medicine, Urology, and more.
- **45+ Convenient locations** close to home and work. VideoVisitNOW (on-demand), Video Visits, and E-Visits are available day or night, 365 days a year.
- Your **Kelsey Concierge** answers your questions and provides personalized assistance. Call **713-442-8977** Monday-Friday, 8 a.m. to 5 p.m.

Convenience

- **24/7 Appointment Scheduling:** Call **713-442-0000** or enter your zip code at **kelsey-seybold.com** to schedule a same-day or next-day primary care appointment.
- **After-Hours Nurse Hotline:** Call **713-442-0000** after 5 p.m. and on holidays and weekends to speak with a Kelsey-Seybold registered nurse.
- **MyKelseyOnline:** With the free **MyKelsey** app, you can email your doctor's office, get most test results, and schedule appointments – right from your smartphone!
- **All in One Place:** Everything from primary care physicians and specialists to imaging, labs, and more is all in one place and connected in real time. Your healthcare team works seamlessly together, coordinating the comprehensive care you deserve.

Access to Comprehensive Care

- **Access an exclusive network** of 1,100+ Kelsey-Seybold primary care doctors and specialists with expertise in 65+ medical specialties.
- **Access to Houston's top hospitals**, including facilities with St. Luke's Health, Memorial Hermann, Houston Methodist, The Woman's Hospital of Texas, HCA Houston Healthcare and Texas Children's Hospital.
- Access to Kelsey-Seybold's five **nationally accredited Cancer Centers**, four **outpatient surgery centers**, an accredited **Sleep Center**, and a vast network of external specialist physicians, available by referral.



Choosing a Kelsey-Seybold primary care physician (PCP) is as easy as 1-2-3!

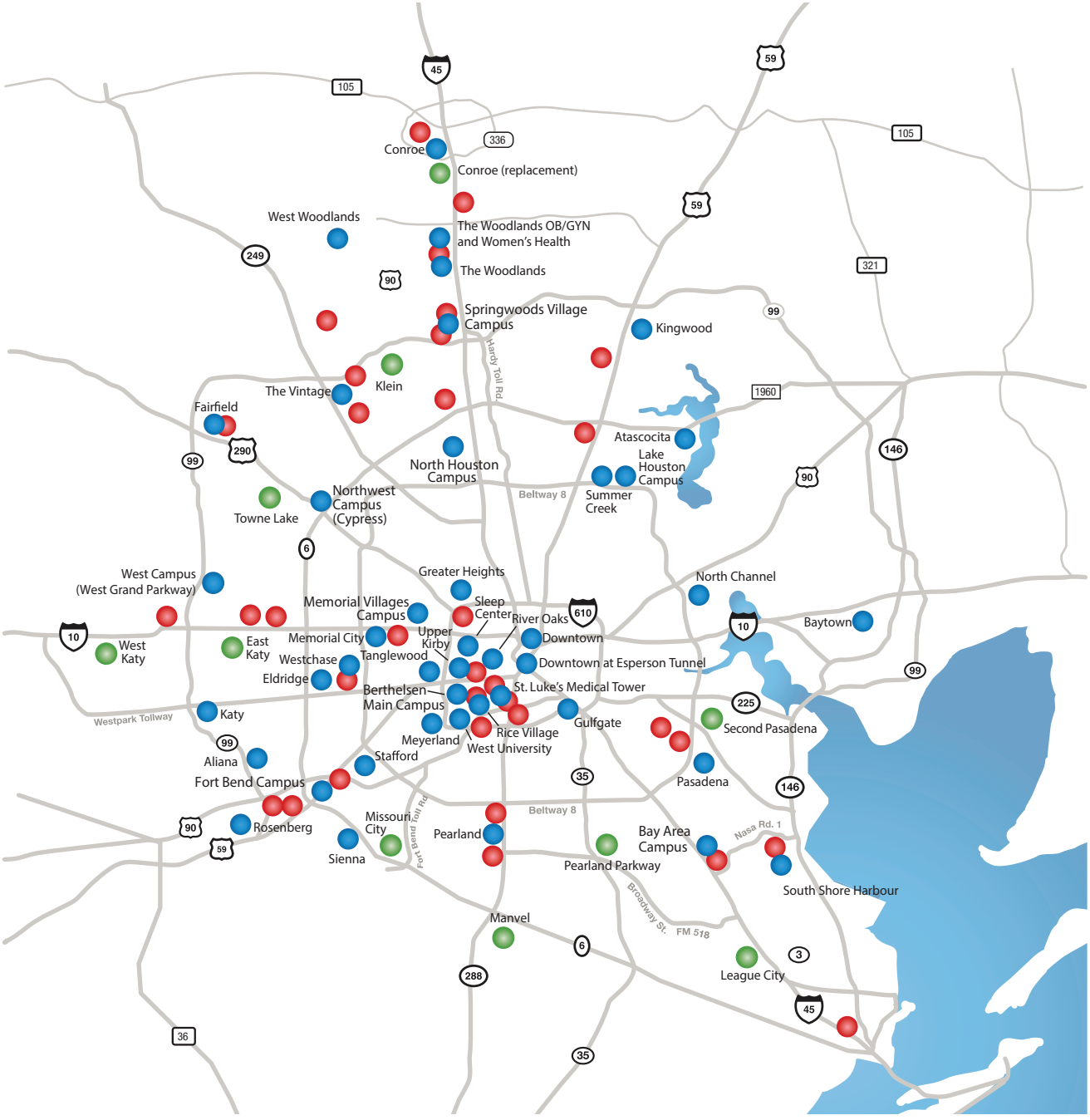
1. Visit **kelsey-seybold.com/blueessentials** to select your Kelsey-Seybold primary care physician (PCP) or call the **Patient Help Line** at **713-442-6565** (Monday-Friday. 8 a.m. to 5 p.m.) for personalized assistance in finding a Kelsey-Seybold PCP and PCP ID number.
2. Write down the PCP's name and ID number.
3. Follow your employer's enrollment process to enter the PCP's name and ID number.

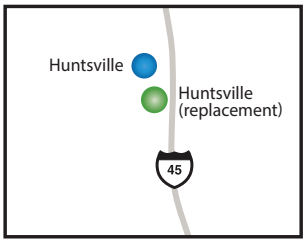
SCAN the QR code below to view a list of all Kelsey-Seybold primary care physicians and their ID numbers.

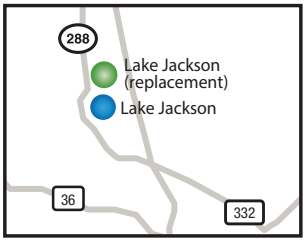
Scan the QR code to access the carrier website today!

Kelsey Seybold Clinic®

Kelsey-Seybold Locations and Affiliated Hospitals







Map Legend

- Current Locations
- Future Locations
  2026-2028+
- Affiliated Hospitals