



## YOUR Benefits

- You'll choose a Kelsey-Seybold primary care physician (PCP), which gives you access to **all** Kelsey-Seybold primary care doctors and specialists. **No referrals are ever required** from your Kelsey-Seybold PCP to see a Kelsey-Seybold specialist with expertise in one of 65 medical specialties, including Cardiology, Endocrinology, Orthopedics, Pulmonary Medicine, Urology, and more.
- **40+ convenient locations** close to home and work, plus virtual care and VideoVisitNOW available 7 days a week.
- Your **Kelsey Concierge** answers your questions and provides personalized assistance. Call **713-442-0006**, Monday-Friday, 8 a.m. to 5 p.m.

## YOUR Convenience

- **24/7 Appointment Scheduling:** Call **713-442-0000** or enter your ZIP code at **kelsey-seybold.com** to schedule a same-day/next-day Video Visit or in-person appointment.
- **After-Hours Nurse Hotline:** Call **713-442-0000** after 5 p.m. and on holidays and weekends to speak with a Kelsey-Seybold registered nurse.
- **MyKelseyOnline:** With the free **MyKelsey** app, you can email your doctor's office, get most test results, and schedule appointments – right from your smartphone!
- **One-Stop Care:** At many Kelsey-Seybold Clinic locations, you can see your doctor, get an X-ray or lab test, and pick up a prescription – all in the same place.

## YOUR Access to Comprehensive Care

- Access an exclusive network of Kelsey-Seybold primary care physicians and specialists with expertise in more than 65 medical specialties.
- Access to premier hospitals, including facilities with Texas Children's Hospital, St. Luke's Health, The Woman's Hospital of Texas, Houston Methodist, Memorial Hermann, and HCA Houston Healthcare.
- Access to Kelsey-Seybold's four **nationally accredited Cancer Centers**, three outpatient surgery centers, an accredited Sleep Center, and a vast network of affiliate specialists, available by referral.



**Choosing a  
Kelsey-Seybold  
primary care  
physician (PCP)  
is as easy  
as 1-2-3!**

- 1** Visit **Kelsey-seybold.com/TRS** to select your Kelsey-Seybold primary care physician (PCP) or call the **Patient Help Line** at **713-442-1233** for personalized assistance in finding a Kelsey-Seybold PCP and PCP ID number.
- 2** Write down the PCP's name and 10-digit ID number.
- 3** Follow your employer's enrollment process to enter the PCP's name and ID number.



**SCAN this code to view a  
list of all Kelsey-Seybold  
primary care physicians  
and their ID numbers.**

# YOUR Blue Essentials Network Includes Convenient Locations Close to Home and Work and Premier Hospital Partners

## Map Legend

- Current Locations
- Future Locations  
2024 - 2028
- Affiliated Hospitals

